

**BHAKT KAVI NARSINH
MEHTA UNIVERSITY
JUNAGADH**

FACULTY OF HOME SCIENCE

Syllabus For

B.A. HOME SCIENCE (GENERAL)

C.B.C.S (Third Year, Sem-5 & 6)

Programme Effective From

June– 2020 – 2021

BHAKT KAVI NARSINH MEHTA UNIVERSITY, JUNAGADH

Faculty : Arts

Sub : Home Science

Semester : 5

Academic Year 2020-21

Sr. No.	Level UG Or PG	Semester	Course	Course (Paper) Title	Paper No.	Credit	Teaing hours	Internal Marks	External Marks	Prectical Internal Marks	Practical External Marks	Total Marks
1	UG	5	PC	ENGLISH OR HINDI	1	3 + 0 OR 3 + 0	3 OR 3	30 OR 30	70 OR 70	- - -	- - -	100 OR 100
2	UG	5	CORE	DIET THERAPY	CC-19	2 + 1	4	30	50	-	20	100
3	UG	5	CORE	GARMENT SEWING TECHNIQUE	CC-20	2 + 1	4	30	50	-	20	100
4	UG	5	CORE	APPLIED ART	CC-21	2 + 1	4	30	50	-	20	100
5	UG	5	CORE	FAMILY HOUSING	CC-22	2 + 1	4	30	50	-	20	100
6	UG	5	CORE	MARRIAGE, FAMILY & ADJUSTMENT	CC-23	2 + 1	4	30	50	-	20	100
7	UG	5	CORE	TRAVEL TOURISM MANAGEMENT	CC-24	2 + 1	4	30	50	-	20	100
						TOTAL	27	210	370	-	120	700

FACULTY OF ARTS

SYLLABUS

SEMESTER 5

Subject	:	B.A. HOME SCIENCE
Course (Paper) Name & No.	:	DIET THERAPY
Course (Paper) Unique Code	:	CC-19
External Exam Time Duration	:	2 HOURS

Level UG or PG	Semester	Course	Course (paper) Title	Papner No.	Credit	Teaching Hours	Internal Marks	External Marks	Practical Internal Marks	Practical External Marks	Total Marks
UG	5	CORE	Diet Therapy	CC-19	2+1	4	30	50	-	20	100

Focus:

This course emphasizes the importance of diet in therapeutic management and role of the dietitian

Objectives: This course will enable the students to -

1. Know the principles of diet therapy.
2. Understand the modification of normal diet for therapeutic purpose. .
3. Understand the role of dietician

Theory:

Unit – I Meaning and definition of diet therapy.

- History of diet therapy.
- Importance of diet therapy.

Unit – II Meaning of diet modification.

- Objective of diet modification

Unit – III Hospital Diets.

- Liquid diet
- Soft Diet
- Ligat Diet

Unit – IV Diet for peptic ulcer patient.

- Diet for diabetic patient.
- Diet for heart disease patient.

Unit – V

- Duties and Team work of doctor, nurse and diatition.

Practical

- Diet in Diabetes
- Diet in Heart Diseases
- Diet in peptic ulcer.

References :-

- (1) Nutrition in Health and Disease - Anderson. L. Dibble, M.V. Turkki, P.R. Mitchell H.S. and Rynbergin.
- (2) Nutrition and dietetics, Joshi S.A. Tata McGraw Hill publication, New Delhi.
- (3) A Tex Book of Foods, Nutrition and Dietetics Raheena Begum, Sterling Publishers, New Delhi.
- (4) Nutritional Management in Health & Disease. Heena Shah and DexaSolanki.

Web:

- (1) www.deittherapy.in
- (2) www.hospital.diet
- (3) www.dietindifferentdisease

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SEMESTER 5

Subject	:	HOME SCIENCE
Course (Paper) Name & No.	:	GARMENT SEWING TECHNIQUE
Course (Paper) Unique Code	:	CC-20
External Exam Time Duration	:	2 HOURS

Level UG or PG	Semester	Course	Course (paper) Title	Papner No.	Credit	Teaching Hours	Internal Marks	External Marks	Practical Internal Marks	Practical External Marks	Total Marks
UG	5	CORE	Garment Sewing Technique	CC-20	2+1	4	30	50	-	20	100

Focus :

This course is designed to give the additional skill in garment sewing technique for the student.

Objectives :

- To understand Garment Sewing.
- To import an in-depth knowledge of style pattern making and Garment Sewing Technique.

Theory :

Unit – I Sewing Machine

- History of Sewing Machine
- Types of Sewing Machine
- Care of Sewing Machine

Unit – II Sewing Equipment

Unit – III Techniques of Measurement

- Points to be considered while measuring
- Points to be considered while sewing work

Unit – IV Pattern making technique.

- Tools related to sewing and their usage
- Common fault during sewing
- Various words used in Sewing work

Unit – V Sewing Techniques

- Sems, Darts, Pleats, Tucks

Practical :

- (1) Drafting and paper cutting advanced study of the figure, drafting by system should be taught for essential garments such as
 - Blouse
 - Sari Petticoat
 - Baba Suit
- (2) Use of sewing machine will be allowed where necessary such as (Any Two)
 - Salwar kurta
 - Night Dress
 - Baby Frock

References :-

- (1) Modern pattern drafting and grooming for children clothing – Baroda.
- (2) Basic process and clothing construction, New Raj Depot – New Delhi.
- (3) कटिंग, टेलरिंग, ड्रेस डिज़ाइनिंग, बुटीक कोर्स, कृष्ण कुमार अग्रवाल, मनोज पब्लिकेशन, दिल्ली-६
- (4) सीवणु मार्गदर्शन, निर्मणा मिस्त्र,
- (5) टेलरिंग ओन्ड ड्रेस मेकिंग, निर्मणा मिस्त्र

Web :-

- [google.com/garments sewing technique](http://google.com/garments%20sewing%20technique).
- [google.com/tailoring terminology](http://google.com/tailoring%20terminology).
- [google.com/pattern making technique](http://google.com/pattern%20making%20technique).
- www.manojpublications.com

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SEMESTER 5

Subject	:	HOME SCIENCE
Course (Paper) Name & No.	:	APPLIED ART
Course (Paper) Unique Code	:	CC-21
External Exam Time Duration	:	2 HOURS

Level UG or PG	Semester	Course	Course (paper) Title	Papner No.	Credit	Teaching Hours	Internal Marks	External Marks	Practical Internal Marks	Practical External Marks	Total Marks
UG	5	CORE	Applied Art	CC-21	2+1	4	30	50	-	20	100

Focus :

This course emphasizes on developing skills in drawing and rendering and creating of art objects.

Objectives :

This course will enable the student to -

- (1) Understand elements and principles of art and design.
- (2) Develop skill in creating design and making art objects.

Theory :

Unit – I Applied Art.

- Definition and meaning of Applied Art.
- Importance of Applied Art.

Unit – II

- Art and principles of Art.

Unit – III Design

- Types of design.
- Factors consider to making design.

Unit – IV Paper Arts.

- Paper Marbling
- Paper Mache
- Paper Collage
- Paper Card & Envelope
- Paper Origami.

Unit – V Wall & Floor designing.

- Wall Designing of Kutch.
- Floor designing by Alpana.
- Meaning & Important of Alpana.
- Variation in Alpana.

Practical :

- (1) Types of Design (Any Four)
- (2) Paper art (Any Four)
- (3) Wall and Floor designing (Any Two)

References:-

- (1) Key Terms in Art & Design By Josh skill, Klbrook Press Brighton, South Australia
- (2) કચ્છ કૌશલ્ય by Hamel Bhatt – Azad Printers, Rajkot.

Web

- (1) www.google.com
- (2) en.wikipedia.org/design
- (3) en.wikipedia.paperart>papermarbling
- (4) www.google.papermache
- (5) www.google.papercollage
- (6) www.google.origami
- (7) www.google.alpana

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SEMESTER 5

Subject	:	HOME SCIENCE
Course (Paper) Name & No.	:	FAMILY HOUSING
Course (Paper) Unique Code	:	CC-22
External Exam Time Duration	:	2 HOURS

Level UG or PG	Semester	Course	Course (paper) Title	Papner No.	Credit	Teaching Hours	Internal Marks	External Marks	Practical Internal Marks	Practical External Marks	Total Marks
UG	5	CORE	Family Housing	CC-22	2+1	4	30	50	-	20	100

Focus :

This course intends to develop an understanding of planning residential space such as multipurpose room, various sizes of different room and its furniture arrangement.

Objectives:

1. Gain knowledge in principles of planning various types of residential space.
2. Develop the skill of drawing house plans, and furniture layouts.
3. Understand the application of anthropometrics measurements in space designing for various activities.

Theory:

Unit – I House

- Importance of house
- Objectives of house
- Points to be considered during the selection of house.

Unit – II Type of house.

- House on rent and its advantages and disadvantages.
- Self constructed house and its advantages and disadvantages
- Purchase of readymade house and its advantages and disadvantages

Unit – III Factor affecting the cost of house.

Unit – IV Financial aids provided by various institution for building a house.

Unit – V Principles of House Plan

- Methods of measurement.
- Methods of arrangement of various rooms.

Practical : House plan

- To prepare I shape kitchen plan. "I"
- To prepare L- shape kitchen plan. "L"
- To prepare U- shape kitchen plan "U"

References

1. આવાસ: આંતરિક અને બાહ્ય આયોજન, ડો. વીણા ગંડોત્રા, મનીષ શુક્લ અને અમી દિવેટિયા
2. ગૃહ નિર્માણ એવં સ્થાન વ્યવસ્થા, ડો. બેલા ભાર્ગવ
3. ગૃહ નિર્માણ ઓર ગૃહ સજ્જા, ડો. સ્નેહલ
4. આવાસ એવં ગૃહ નિર્માણ વ્યવસ્થા, ડો. સુધા ગોયલ

Web

- (1) www.ehouseplans.com/geeneral-home
- (2) En-wikipedia.org/wiki/listofhousetypes
- (3) www.houseconstructiontips.com
- (4) www.mortgagenewsdaily.com/7222005

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SEMESTER 5

Subject	:	HOME SCIENCE
Course (Paper) Name & No.	:	MARRIAGE, FAMILY AND ADJUSTMENT
Course (Paper) Unique Code	:	CC-23
External Exam Time Duration	:	2 HOURS

Level UG or PG	Semester	Course	Course (paper) Title	Papner No.	Credit	Teaching Hours	Internal Marks	External Marks	Practical Internal Marks	Practical External Marks	Total Marks
UG	5	CORE	Marriage, Family and Adjustment	CC-23	2+1	4	30	50	-	20	100

Focus :

This course purpose to create awareness & appreciation for the role and functions of marriage as basic institutions. The dynamics of adjustment and contemporary problems and issues are to be critically analysed for developing better understanding of needs adjustment area and intervention strategies.

Objectives:

- (1) Acquire knowledge and insights about the dynamics of contemporary marriage
- (2) Become acquainted with the concept goals and areas of adjustment in marital relationship

Theory:

Unit – I Marriage

- The meaning of marriage
- Definition of marriage.
- Aims of marriage.
- Type of marriage.

Unit – II Dating

- Meaning
- Advantages
- Disadvantages

Unit – III Engagement (Marimony)

- Aims / Objectives of engagement
- Importance of engagement

- Methods of engagement
- Period of engagement
- Breaking of engagement

Unit – IV Selection of Life partner

- As per Ancient Indian custom and tradition
- Selection methods in western countries
- Eligibility of marriage

Practical : (ANY TWO)

- (1) Visit to love marriage doer
- (2) Visit to arrange marriage doer
- (3) Visit to divorcee

References :-

- (1) Judson T. Landis & Murry G. Landis “Building a successful marriage” (Prentice Hall, Inc, Englewood Cliffs, N.J. 9th Edition 1963)
- (2) Alphonse H. Clemens : “Design for successful marriage” (Prentice Hall, Inc, Englewood Cliffs, N.J. 1964)
- (3) Stone H.M. & Stone A.S. “A marriage Manual” (Simon & Schuster Inc 1970)
- (4) "જાતીયતા અને દાંપત્ય નું મનોવિજ્ઞાન" લેખકો: પ્રા. સી. બી. દવે, ડૉ. બી. એમ. કોટેકટર
- (5) T.H. VandeVelde : “Ideal Marriage” (Allied Publisher Pvt. Ltd. 2nd Edition Revised by Dr. MargetSmita 1965.)
- (6) સાથ સાથ – દર્શના અંજારિયા
- (7) લગ્ન કુટુંબ અને સમાયોજન – ધીરજ ધકાન
- (8) લગ્ન કુટુંબ અને બાળ કલ્યાણ – એ. એસ. વાઘેલા અને એન. વી. માંડલિયા
- (9) કોનો કરજો સપ્તપદીનો સંગાથ – વનરાજ માલવી

Web:

- (1) Wikipedia.org/wiki/marriage
- (2) en-wikipedia.org/...../ideal marriage
- (3) www.ispub.com/...../material_age
- (4) www.merriam_webstor.com/dictionary/marriage

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SEMESTER 5

Subject	:	HOME SCIENCE
Course (Paper) Name & No.	:	TRAVEL TOURISM MANAGEMENT
Course (Paper) Unique Code	:	CC-24
External Exam Time Duration	:	2 HOURS

Level UG or PG	Semester	Course	Course (paper) Title	Papner No.	Credit	Teaching Hours	Internal Marks	External Marks	Practical Internal Marks	Practical External Marks	Total Marks
UG	5	CORE	Travel Tourism Management	CC-24	2+1	4	30	50	-	20	100

Focus :

The focus is on providing exposure to travelling and tourism industry and give training for handling various jobs involved in this field.

Objectives :

- To enable students to -
- Develop an awareness about tourism and its scope in India.
 - Understand about various aspects of tourism and to develop various skills required for this trade.

Theory:

Unit – I Meaning of Travel Tourism

- Definition of Travel Tourism.
- Importance of Travel Tourism.
- Job Opportunities for Women.

Unit – II Travel Agency

- Introduction about travel agency.
- Types of Travel Agency.
- How to open a travel Agency.
- Function of Travel Agent.

Unit – III Different types of Transportation

- Road Transportation
- Rail Transportation
- Sea Transportation
- Air Transportation

Unit – IV Introduction of Gujarat Tourism

- Tourist places of Gujarat.

Practical

- (1) Tour planning
- (2) Visit to tourist places

References

1. Tourism Development and Management, Mario Dsouza, Mangal Deep Publication.
2. Tourism and Hotel Management, Pushpinder S. Gill, Anmol Publication Pvt. Ltd.
3. ટ્રાવેલ ટુરિઝમ અને કમ્પ્યુટર અવેરનેસ, પ્રા.મનીષા એમ. ખખ્ખર, પ્રા. ભાવના ડી. રાચ્છ, પ્રવીણ પુસ્તક ભંડાર – રાજકોટ

Web

- www.wikipedia.transportation.in
- www.wikipedia.tourismmanagment
- www.wikipedia.travelproducts
- www.wikipedia.tourisminindia.in

BHAKT KAVI NARSINH MEHTA UNIVERSITY, JUNAGADH

Faculty : Arts

Sub : Home Science

Semester : 6

Academic Year 2020-21

Sr. No.	Level UG Or PG	Semester	Course	Course (Paper) Title	Paper No.	Credit	Teaing hours	Internal Marks	External Marks	Prectical Internal Marks	Practical External Marks	Total Marks
1	UG	6	PC	ENGLISH OR HINDI		3 + 0	3	3	70	-	-	100
						3 + 0	3	30	70	-	-	100
2	UG	6	CORE	CHILD NUTRITION	CC-25	2 + 1	4	30	50	-	20	100
3	UG	6	CORE	FASHION DESIGNING & EMBROIDARY	CC-26	2 + 1	4	30	50	-	20	100
4	UG	6	CORE	COMMERCIAL ART	CC-27	2 + 1	4	30	50	-	20	100
5	UG	6	CORE	INTERIOR DESIGN	CC-28	2 + 1	4	30	50	-	20	100
6	UG	6	CORE	HEALTHY FAMILY & FAMILY PLANNING	CC-29	2 + 1	4	30	50	-	20	100
7	UG	6	CORE	HOTEL MANAGEMENT	CC-30	2 + 1	4	30	50	-	20	100
						TOTAL	27	210	370	-	120	700

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SEMESTER 6

Subject	:	HOME SCIENCE
Course (Paper) Name & No.	:	CHILD NUTRITION
Course (Paper) Unique Code	:	CC-25
External Exam Time Duration	:	2 HOURS

Level UG or PG	Semester	Course	Course (paper) Title	Papner No.	Credit	Teaching Hours	Internal Marks	External Marks	Practical Internal Marks	Practical External Marks	Total Marks
UG	6	CORE	Child Nutrition	CC-25	2+1	4	30	50	-	20	100

Objectives:

To make good nutrition way of life.

- (1) To teach children about healthy eating and nutrition resources.
- (2) To prevent deficiency related disease and obesity in child.

Theory:

Unit: I Meaning of nutrition. Importance of child nutrition.

Unit: II Meaning and of history of mal nutrition Causes of mal nutrition in children.

Unit: III Disease due to malnutrition in children. Preventive measures for malnutrition.
Development of measuring techniques in malnutrition.

Unit: IV Nutrition for preschool children (1 to 4 years) Nutrition for school going children (5 to 12 years) Feeding recommendation as per IMNCI, Micronutrient supplementation.

Unit: V Healthy diet tips for children getting food in balwadi, anganvadi, midday meal, day school, school hostel, primary school. School lunch programme etc.

Practical:

1. Protein – calorie rich dish
2. Iron rich dish

References:

- (1) Journal of child nutrition and management – 2008 to 2015
- (2) Maternal and child nutrition
- Edited by – Victoria Hall Maran and Rafael Perez – vol 11-12 2015,2016
- (3) Child Nutrition – US national library of medicine – medline plus – 2014 – be the sda..
- (4) “Good enough to eat” lizzy Rockwell – 2015
- (5) Breakfast Lola.m.Schaefer, Ted Schaefer - 2015

Web:

1. <http://school nutrition.org/jcnm/>
2. www.nutrition.gov/life-stages/children.
3. www.starthealthystayhealthy.in/
4. www.nestlenutrition_institute.org/

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SYLLABUS

SEMESTER 6

Subject : HOME SCIENCE
Course (Paper) Name & No. : FASHION DESIGNING & EMBROIDERY
Course (Paper) Unique Code : CC-26
External Exam Time Duration : 2 HOURS

Level UG or PG	Semester	Course	Course (paper) Title	Papner No.	Credit	Teaching Hours	Internal Marks	External Marks	Practical Internal Marks	Practical External Marks	Total Marks
UG	6	CORE	Fashion Designing & Embroidery	CC-26	2+1	4	30	50	-	20	100

Focus:

- This course is designed to give the skill in fashion designing and embroidery.

Objectives:

- To understand about fashion and fashion designing.
- To import an in-depth knowledge of embroidery and fancy work.
- To increase the knowledge about the boutique.

Theory:

Unit – I The Boutique

- Meaning of boutique.
- Selection of space/place for Boutique.
- Planning for boutique.

Unit – II Fashion Designing.

- Meaning and definition.
- Fashion cycle and fashion innovation.
- Importance of fashion
- Factors affecting fashion.

Unit – III Embroidery work.

- Meaning and importance
- Technique of Designing.
- Colour combination in embroidery work.

- Useful tools for embroidery work
- Care of embroidery work.

Unit – IV Fancy work .

- Crosia work
- Mekram work
- Honey Comb
- Smoking

Practical :

(1) Samples of Hand embroidery (Any three)

- Bullion stitch
- Double Lazy Daisy stitch.
- Long and short stitch.
- Chain filling stitch.
- Buttonhole stitch

(2) Samples of Fancy work. (Any Three)

- Crosio work (Single/double)
- Mekram
- Honey Comb
- Smoking

References :-

1. Traditional embroidery of India. Shailuja Naik, A.P.N. Publication, New Delhi.
2. Indian Embroidery, Chattopadhyay Kamala devi, New Delhi.
3. Dress Designing. Vina Samani and other, Pravin Pustak Bhandar, Rajkot.
4. Cutting, tailoring, Dress designing Boutique course. Krishna kumar Agrawal, Manoj Publication, Delhi - 6.
5. Embroidery and knitting. Rasiklal Bhokaj, Ahmedabad.

Web:

- (1) www.google.com/fashiondesigning
- (2) www.google.com/embroidery
- (3) www.google.com/maquarm
- (4) www.google.com/tatingwork
- (5) www.google.com/crosiowork
- (6) www.manojpublications.com

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SEMESTER 6

Subject	:	HOME SCIENCE
Course (Paper) Name & No.	:	COMMERCIAL ART
Course (Paper) Unique Code	:	CC-27
External Exam Time Duration	:	2 HOURS

Level UG or PG	Semester	Course	Course (paper) Title	Papner No.	Credit	Teaching Hours	Internal Marks	External Marks	Practical Internal Marks	Practical External Marks	Total Marks
UG	6	CORE	Commercial Art	CC-27	2+1	4	30	50	-	20	100

Focus :

This course focuses on basic principles of art elements of design and appreciation of regional traditional and contemporary art in all aspects of living.

Objectives:

- (1) By the creative vision to produce creative sample at low cost.
- (2) Through the use of waste material and using the idea in extra time.

Theory:

Unit – I Commercial Art.

- Meaning and Importance. .

Unit – II Bandhani and Batik

- Development.
- Process.
- Importance.

Unit – III

- A. Soft toys
- B. Candle making.
- C. Frame Work.
- D. Sea – shell work.

Unit – IV Ornament & Bead work

- Artificial bead
- Wool and thread.

- Paper
- Ceramic and mud.

Unit – V Job opportunity in commercial Art.

Practical :

1. Ornament/ Bead Work
2. Candle making
3. Decorative frame.

References :-

- (1) Key Terms in Art & Design By Josh skill, Klbrook, Press Brighton, South Australia
- (2) કલ્પ કૌશલ્ય, by Hamal Bhatt – Azad Printers, Rajkot.

Web:

- (1) En.wikipedia.org/wiki/commercialArt
- (2) En.wikipedia.org/wiki/oranameats
- (3) www.google.com

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SEMESTER 6

Subject	:	HOME SCIENCE
Course (Paper) Name & No.	:	INTERIOR DESIGN
Course (Paper) Unique Code	:	CC-28
External Exam Time Duration	:	2 HOURS

Level UG or PG	Semester	Course	Course (paper) Title	Papner No.	Credit	Teaching Hours	Internal Marks	External Marks	Practical Internal Marks	Practical External Marks	Total Marks
UG	6	CORE	Interior Design	CC-28	2+1	4	30	50	-	20	100

Focus:

This course deals with the study of interior designing and the factors influencing furnishing, history of furniture, space organization for the residential interiors

Objectives:

- (1) Gain better understanding of the principles of interior designing.
- (2) Provide adequate facility for work, rest, relaxation, comfort privacy, maintenance and aesthetics etc.... through interiors.
- (3) Develop the skill of creating designs for furnishing items. .

Theory:

Unit – I Furniture

- (1) Importance and principles of furniture arrangement
- (2) Importance and principles of home furnishing

Unit – II Points to be considered during the purchase and arrangement of furniture

Unit – III Information regarding furniture and other arrangement in different rooms.

- (1) Bed Room
- (2) Children room.
- (3) Drawing room.
- (4) Dining room
- (5) Kitchen

Unit – IV

- (1) Type of furniture
- (2) Maintenance of furniture.

Unit – V Accessories of interior designing.

Practical :

- (1) To prepare a plan of bed room on graph paper and explain it.
- (2) To prepare a plan of children room on graph paper and explain it.
- (3) To prepare a plan of drawing room on graph paper and explain it. (Indian and Western)
- (4) To prepare a plan of dining room on graph paper and explain it.

References

- (1) કલા કે સિક્કાંત એવું આંતરિક સજ્જા, ડૉ. બેલા ભાર્ગવ
- (2) Interior Design : S. N. Chaudhari
- (3) ગૃહ નિર્માણ એવું સ્થાન વ્યવસ્થા: ડૉ. બેલા ભાર્ગવ
- (4) ગૃહ નિર્માણ એવું ગૃહ સજ્જા ડૉ. સ્નેહલતા

WEB:

- (1) [furniture.about.com>home>furniture>decorating](http://furniture.about.com/home/furniture/decorating)
- (2) [onlinelibrary.wiki.com>...>computergraphicsforum>vol.28](http://onlinelibrary.wiki.com/.../computergraphicsforum/vol.28)
- (3) en.wikipedia.org/wiki/listoffurniture
- (4) www.fromeysdesingcenter.com/pdf/furniture.carepdf

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SEMESTER 6

Subject	:	HOME SCIENCE
Course (Paper) Name & No.	:	HEALTHY FAMILY AND FAMILY PLANNING
Course (Paper) Unique Code	:	CC-29
External Exam Time Duration	:	2 HOURS

Level UG or PG	Semester	Course	Course (paper) Title	Papner No.	Credit	Teaching Hours	Internal Marks	External Marks	Practical Internal Marks	Practical External Marks	Total Marks
UG	6	CORE	Healthy Family and Family Planning	CC-29	2+1	4	30	50	-	20	100

Focus:

This course purports to create awareness and appreciation for the role and functions of marriage and family as basic institutions. The dynamics of adjustment and contemporary problems and issues are to be critically analysed for developing better understanding of needs adjustment areas and intervention strategies.

Objectives:

- (1) Acquire knowledge and insights about the dynamics of contemporary family.
- (2) Become acquainted with the concept goals and areas of adjustment in marital relationship and within the family
- (3) Become aware of the interceptive and preventive family welfare measures.

Theory:

Unit – I The family

- Meaning
- Definition
- Characteristics
- Functions

Unit – II Life cycle of family

Unit – III Marriage and adjustment

- In law relationship
- Emotional adjustment

- Sex adjustment

Unit – IV Joing family and divided family

- Definition
- Characteristics
- Advantages and Disadvantages

Unit – IV Family Planning

- Meaning
- Importance / Necessary
- Natural Methods
- Artificial Methods
- Contraceptional artificial tools for male
- Contraceptional artificial tools for female
- Contraception and health

Practical :

- (1) Preparation of play cards for the publicity of family planning.
- (2) The collection of floating advertisement through the audio-visual tools.
- (3) Any one
 - Visit of a joing family
 - Visit of a divided family

References :

- (1) Kapadia K. M., “Marriage Family in India”.
- (2) Pramillakapur, “Love, marriage, sex and Indian woman” (Orient paper backs, 1976)
- (3) Desai I.P. “Some aspects of family in India”
- (4) જાતીયતા અને દાંપત્યનું મનોવિજ્ઞાન લેખકો : (1) પ્રા. સી. બી. દવે., (2) ડૉ. બી. એમ. કોટેકર,
(3) પ્રા. યોગેન એચ. ભટ્ટ
- (5) લગ્ન, કુટુંબ અને સમાયોજન – ધીરજ ઘક્ષાન
- (6) Havelock Ellis, “Psychology of Sex”, (A Manual for student – 1957)
- (7) લગ્ન કુટુંબ અને બાળ કલ્યાણ (1) એ. એસ. વાઘેલા, (2) એન. વી. માંડલિયા
- (8) કોનો કરજો સપ્તપદીનો સંગ્રહ – વનરાજ માલવી

Web:

- (1) en.wikipedia.org/wiki/family
- (2) www.amazon.com/sexual/adjustment
- (3) en.wikipedia-org/wiki/familyplanning
- (4) marriage.about.com...>pointsofconflicts>inlaw

FACULTY OF ARTS

SYLLABUS

SEMESTER 6

Subject	:	HOME SCIENCE
Course (Paper) Name & No.	:	HOTEL MANAGEMENT
Course (Paper) Unique Code	:	CC-30
External Exam Time Duration	:	2 HOURS

Level UG or PG	Semester	Course	Course (paper) Title	Papner No.	Credit	Teaching Hours	Internal Marks	External Marks	Practical Internal Marks	Practical External Marks	Total Marks
UG	6	CORE	Hotel Management	CC-30	2+1	4	30	50	-	20	100

Focus:

The focus is to help students develop skill in dealing with people and acquainting them with procedures of Front Office Management for effective functioning.

Objectives:

- (1) Understand the Organizational procedures of the Front Office.
- (2) To acquire skills in personnel management.
- (3) To become aware of the different areas and function of Housekeeping department. .
- (4) To develop and acquire skills in Housekeeping activities.

Theory:

Unit – I

- History of hotel industry.
- Type of Hotels.

Unit – II

Meaning of front office.

Planning equipment and furniture for the Front office.

Unit – III Duties of Front office staff.

Unit – IV

- Meaning of House/Housekeeping Department
- Different section of Housekeeping Department.
- Staff duties and Co-ordination with other Department.

Practical :

- (1) Visit nearby hotel to see and observe staging pattern and job.
- (2) Table setting
 - Formal
 - Informal
 - Buffet

References :

- (1) Travel Tourism and computer awareness, Manisha N Khakhar. Pravin Publishing Rajkot.
- (2) Hotel front office Training Manual., Suchir Andrews. Tata McGraw Hill Publishing Co. Ltd. New Delhi
- (3) Tourism and Hotel Management, Pushpinder S. Gill Anmol Publication Pvt. Ltd.
- (4) The Art of serving, Anita S. Kumar. Yash Publication, Pune.

Web :

- www.hotelindustry.com
- www.housekeeping.in
- www.hotelequipments.in